

# 2003 Health and Preventive Practices Status Report

## from Missouri County-level Study



# Macon County\*\*

	County Prevalence (%)*	Northeast Region Prevalence (%)*	State Prevalence (%)*
<b>G</b> eneral			
Health Status (Fair or Poor)	19.2	20.7	16.9
No Health Coverage	12.8	15.4	12.3
<b>B</b> ehavioral Risk Factors			
Physical Inactivity	30.1	25.2	23.0
Current Smoker	34.9	28.2	26.5
Overweight (BMI 25-29.9)	34.0	34.9	35.3
Obese (BMI ≥ 30)	28.6	25.7	23.4
<b>D</b> isease and Conditions			
High Blood Pressure	26.5	29.0	28.5
High Cholesterol (35 years or older)	50.1 H	39.1	37.3
Asthma	10.8	10.4	10.7
Diabetes	5.4	6.3	7.2
Activity Limitation	22.7	17.8	17.8
<b>C</b> ancer Screening			
<b>Women</b>			
Never had a Mammogram	11.4	17.4	13.4
No Mammogram or Clinical Breast Exam in Last Year:			
40-49 years of age	68.3	59.8	49.4
50-64 years of age	43.0	44.1	35.9
65 and older	66.8	57.5	47.4
Never had a Pap Test:			
18-69 years of age	6.4	5.6	5.1
70 and older	11.2	12.6 H	6.4
No Pap Test in Last Year (18-29)	42.7	23.8	25.8
No Pap Test in Last 3 Years (30-69)	24.2	19.0	13.8
<b>Men and Women 50 Years or Older</b>			
Blood Stool Test:			
Never had a Blood Stool Test	64.3	64.5	57.0
No Blood Stool Test in Last Year	85.7	84.9 H	77.5
Sigmoidoscopy/Colonoscopy			
Never had a Sigmoidoscopy or Colonoscopy	55.7	60.8 H	49.2
No Sigmoidoscopy or Colonoscopy in Past Five Years	60.4	68.5 H	57.0

\*Prevalence rates are age adjusted to the 2000 U.S. standard population

■ indicates that the prevalence rate is not significantly above or below state prevalence

H indicates that the prevalence rate is significantly above the state prevalence

L indicates that the prevalence rate is significantly below the state prevalence

Unless otherwise noted respondents are 18 years of age or older

\*\* The best indicators for Macon county were obtained by combining data from Macon and Randolph counties.